



Sugarwise Certification

Referencing WHO guidelines, Elsevier's Reaxys chemical database, McCance and Widdowson's "The Composition of Foods" integrated dataset. **Certification is given to products that derive 5% or less of their energy from free sugars.**

Manufacturer Name: Natural World

Date: Assessments completed 05/07/2016

Results of Analysis

Certification Number	Product Name	Total Free Sugars in 100g	Calories from total free sugar content	Percentage calories from free sugars	Meets eligibility criteria
EF-A-32	Cashew Nut Butter – Smooth	no free sugars	0 kcal	0%	YES
LD-G-33	Cashew Nut Butter – Crunchy	no free-sugars	0 kcal	0%	YES
AB-L-34	Pumpkin Seed Butter - Smooth	no free-sugars	0 kcal	0%	YES
RD-J-35	Pumpkin Seed Butter - Crunchy	no free -sugars	0 kcal	0%	YES
HG-K-46	Sesame and Date	no free sugars	0 kcal	0%	YES
PH-K-39	Walnut – Smooth	no free-sugars	0 kcal	0%	YES
YG-R-38	Walnut – Crunchy	no free-sugars	0 kcal	0%	YES
JK-F-29	Pine Nut – Smooth	no free -sugars	0 kcal	0%	YES
PL-O-28	Pine Nut – Crunchy	no free sugars	0 kcal	0%	YES
HU-E-78	Almond and Coconut - Smooth	no free-sugars	0 kcal	0%	YES
LK-D-29	Almond and Coconut - Crunchy	no free-sugars	0 kcal	0%	YES
LP-N-29	Pistachio – Smooth	no free -sugars	0 kcal	0%	YES
PQ-J-91	Pistachio – Crunchy	no free sugars	0 kcal	0%	YES
KP-Q-19	Pecan & Figs – Smooth	no free-sugars	0 kcal	0%	YES
JI-Y-92	Pecan & Figs – Crunchy	no free-sugars	0 kcal	0%	YES
AM-P-23	Brazil Nut – Smooth	no free -sugars	0 kcal	0%	YES
KP-H-29	Brazil Nut – Crunchy	no free sugars	0 kcal	0%	YES
QL-U-25	Coconut Cream	no free-sugars	0 kcal	0%	YES
HW-Y-14	Hazelnut Butter – Smooth	no free-sugars	0 kcal	0%	YES
QH-7-54	Hazelnut Butter – Crunchy	no free -sugars	0 kcal	0%	YES
JO-T-47	Almond Butter – Smooth	no free sugars	0 kcal	0%	YES
AP-Y-18	Almond Butter – Crunchy	no free-sugars	0 kcal	0%	YES
GH-P-84	Hazelnut and Carob - Smooth	no free-sugars	0 kcal	0%	YES
HI-T-67	Hazelnut and Carob - Crunchy	no free -sugars	0 kcal	0%	YES
PI-Y-93	Macademia Butter – Smooth	no free sugars	0 kcal	0%	YES
PL-E-59	Macademia Butter – Crunchy	no free-sugars	0 kcal	0%	YES
QR-Y-76	Pecan Butter – Crunchy	no free-sugars	0 kcal	0%	YES
HI-W-34	Pecan Butter – Smooth	no free -sugars	0 kcal	0%	YES

Total Free Sugar Content:

Total free sugars per 100 g serving of product: 0 Kcal

Free Sugar Caloric Content:

Percentage of calories from free sugars: All under 0.5%

Meets Eligibility Criteria: YES

May Use on Packaging: “Sugarwise”, “Certified Free From Added Sugars”, “0 Teaspoons Added Sugars in this jar” (in accordance with brand guidelines)

For and on Behalf of Sugarwise®